



**So, whether you eat or drink, or whatever you do,
do all to the glory of God.**

1 Corinthians 10:31

2023-2024

COACHES' HANDBOOK

Joseph Yi, Director
Tom Parker, Assistant Director
Mark Cunningham, Senior High Coordinator

CYBL Participating Organizations 2023-2024 Season

1. Ben Lippen School
2. Bethel AME Church
3. Bethlehem Baptist Church
4. Church of the Apostles
5. Downtown Church
6. Eastminster Presbyterian Church
7. Epworth Children's Home
8. First Baptist Church
9. First Presbyterian Church
10. Forest Lake Presbyterian Church
11. Grace Presbyterian Church
12. Jewish Community Center
13. Mt. Horeb United Methodist Church
14. Northeast Presbyterian Church
15. PAC Panthers
16. Radius Church
17. Riverland Hills Baptist Church
18. St. John Neumann
19. St. John's Episcopal Church
20. St. Joseph Catholic Church
21. St. Martin's in the Field
22. St. Martins Deporres
23. Shandon Presbyterian Church
24. Shandon United Methodist Church
25. Timmerman School
26. Trenholm Road United Methodist Church
27. Trinity Episcopal Church
28. Union United Methodist Church

STATEMENT OF PHILOSOPHY

THROUGH A PROGRAM OF CHRIST-CENTERED ATHLETICS, THE LEAGUE PROVIDES THE OPPORTUNITY FOR EACH PARTICIPANT TO DEVELOP HIS OR HER TALENTS THROUGH A PROGRAM THAT EMPHASIZES CHRISTIAN GROWTH AND A DEEPER DEDICATION TO GOD AND CHURCH.

OBJECTIVES

- To develop a Christian environment where fellowship, recreation and ministry can take place.
- To use the sport of basketball as a tool to spread the Gospel and reach people for Christ.
- To develop within each participant patience, self-control, courage, good sportsmanship, teamwork and a Christian outlook toward sports.

Eligibility

- 1. Each participating team in this Christian Youth Basketball League must be affiliated and sponsored by a supporting church/organization. Each supporting church/organization must have one (1) contact person for their participating team(s) to approve the team coach(es) and roster(s). Roster forms are attached and must be filled out, submitted and approved before the first game of the season.**
2. In order to make basketball programs at every church/organization an outreach tool, youth participants are not required to be church/organization members, but coaches will be responsible for following up on prospect status of non-church members playing on their team and placing them on the roster per the league rules.
3. In an effort to foster relationships for host church/organization teams, **a minimum of 33%** of each team roster must be from a sponsor church/organization family or a member of the sponsor church/organization.
- 4. At least one coach from each team must be a member of the host church/organization.**
5. All teams will provide a complete roster listing:
 - a. Church/Organization Team Name and Team Coach(es)
 - b. Player name, address, phone #, grade level, and church/organization member (Y/N)
 - c. Signature of the Church/Organization Representative confirming team and roster
6. Churches/Organizations may enter more than one team per age group (Team A, Team B...)
7. Each player must play one-third (1/3) of the scheduled games to be eligible for tournament play.
- 8. If you choose to play on a CYBL team, you can not play on any other organized basketball team unless authorized by the League Director.**
9. All questions and concerns will be handled by an official league representative or the League Director. If necessary, the League Director may take questions and concerns to the Governing Body which has final authority.
10. Players must be in Grades 2nd – 12th.
11. Division breakdown. The Divisions will be referenced as follows:
 - a. Second & Third Grades (Grades 2 & 3)
 - b. Fourth & Fifth Grades (Grades 4 & 5)
 - c. Sixth & Seventh Grades (Grades 6 & 7)
 - d. Eighth & Ninth Grades (Grades 8 & 9)
 - e. Tenth, Eleventh & Twelfth Grades (Grades 10-12)

RULES FOR PLAY

Christian Youth Basketball League plays by official high school rules with the following exceptions:

1. Each team is required to participate in the prayer and pre-game devotion prior to each game.
2. Grades 10 - 12 will follow the regular high school rules and regulations, playing four seven-minute quarters.
3. **Scoreboard clock will be operated as follows:**
 - a. Grades 2 & 3, twenty (20) minute halves, running clock
 - b. **Grades 4 & 5, eighteen (18) minute halves, running clock until the final 2 minutes of regulation. If the score differential is 10 points or more at the start of the last 2 minutes of the game, the clock will not stop.**
 - c. Grades 6 & 7, twelve (12) minute halves
 - d. Grades 8 & 9, twelve (12) minute halves
 - e. For all games played for the 10th grade division there will be 6 minute quarters.
 - f. Between halves, five (5) minute break
 - g. Between games, ten (10) minutes
4. Timeouts:
 - a. Grades 2 - 5 - There are three (3) timeouts per game, with no timeouts inside the last two (2) minutes of the game. Any time-out called will not stop the clock.
 - b. Grades 6 - 12 – There are three (3) timeouts allowed at any time during the game.
5. Forfeits: Please call the appropriate director if your team cannot play.
6. Each player must have a proper jersey on to enter a game. All jerseys must be the same color and have a number. No two (2) players may wear the same number. Gyms will enforce this rule.
7. Games will begin with a jump ball. Possession then alternates for the remainder of the half. The scorer's table will use the arrow system to designate possession. The arrow will be pointed to the basket.
8. No three (3) point shot will be in effect for Grades 2 - 5.
9. Playing time:
 - a. Each player should play a fair and equitable amount of time in each game: approximately half of each game.
 - b. League Directors/Committee/Staff will monitor the application of this rule.
 - c. No overtime: Game ending in ties during regulation season will not play overtime.
10. The home team will be responsible for providing the official scorekeeper. The scorekeeper will sit at the scorer's table during the game.
11. Technical fouls and unsportsmanlike conduct:
 - a. No unsportsmanlike conduct will be tolerated by coaches, players or fans. The league director, present at the game, will make a determination of action to be taken at the time of the incident.
 - b. If a player is ejected from the ballgame for any reason other than fouling out, the player is automatically suspended from the next game.

12. Forfeit time: Game time is forfeit time. Five (5) players must be present to start the game. No gentlemen's agreements allowed. The gym representative will determine game time. The game will not begin before game time.

13. Scheduled games: All games will be played as scheduled. No games will be rescheduled unless a team drops out of the league or the league, in its discretion, elects to reschedule. Reasons for rescheduling include, but are not limited to, adverse weather conditions and unforeseen threats to safety.

14. Defense:

- a. **Grades 2 - 5 - No defense outside of the defense box, must play man-to-man at all times.**
- b. **Grades 4 - 5 - If the score differential is 9 points or less at the start of the last 2 minutes of the game, the defense can extend to half court.**
- c. Grades 6 & 7 - No pressure defense past half court until the last two minutes of the game.
- d. Grades 8-9 & Grades 10-12 - No pressure defense past half court when a team is ahead by twenty (20) or more points.
- e. Grades 6 - 12 - Teams that illegally pressure in the backcourt will get one (1) warning. If a team continues to pressure in the backcourt, it will be assessed a Technical Foul after each infraction.

15. Basketball Size:

- a. Grades 2nd -3rd - Junior Ball (27.5) Size 5
- b. Grades 4th -5th - Intermediate Ball (28.5) Size 6
- c. Grades 6th – 12th Girls - Intermediate Ball (28.5) Size 6
- d. **Grades 6th – 12th Boys - Regulation Ball (29.5) Size 7**

16. Fouls:

- a. Grades 4 & 5 - Players accumulating six (6) personal fouls are disqualified.
- b. Grades 6 - 12 - Players accumulating five (5) personal fouls are disqualified.

17. Bonuses:

- a. Grades 4 & 5 - Once a team is assessed its tenth (10th) personal foul of a half, opposing team is awarded two foul shots after each foul. The player fouled is the player to attempt the foul shots.
- b. Grade 6 & 7 - Once a team is assessed its tenth (10th) personal foul of a half, opposing team is awarded two foul shots after each foul. The player fouled is the player to attempt the foul shots.
- c. Grades 8 - 12 - Team shoots one and one after the seventh (7) team foul, then follows the procedure described in A, B and C on the 10th and succeeding fouls.

18. Free Throws:

- a. Grades 2 & 3 - Ten (10) foot line
- b. Grades 4 & 5 – Fifteen (15) foot line (may cross line after releasing the ball)
- c. Grades 6 - 12 - Fifteen (15) foot line

19. Goal Height:

- a. Grades 2 & 3 - 8 ft.
- b. Grades 4 & 5 – 9 ft.
- c. Grades 6 - 12 – 10 ft.

20. Conduct: see Code of Conduct below

21. All players, coaches, referees and fans participate in this league at their own risk.

22. A single elimination tournament will be held at the end of the season for Grades 4 - 12.

23. Spectators are expected to adhere to proper Christian conduct. We want everyone to support and cheer on their teams, but also remember you are a visitor in another church's gym sitting among the opposing teams' family and friends.

Code of Conduct

CYBL programs and events are designed to provide quality skill instruction in a loving environment that emphasizes sportsmanship and Christian character development.

Expected behavior from coaches, players, parents and spectators:

1. Absolutely no tobacco, alcohol or drug use.
2. Facilities are to remain a safe and clean environment. Please dispose of all trash and report all unsafe conditions.
3. Any damage done to a gym by an individual will be his/her responsibility.
4. Profanity, obscene or demeaning language is not accepted at any time.
5. Support teammates and players from both teams at all times – use only encouraging words towards players and coaches of both teams.
6. Arguing or attempting to physically harm referees, CYBL or FPC staff, players, opposing coaches or other parents and spectators will not be tolerated.
7. Display and model a positive, Christ-like attitude at all times, even when the competition of the game is involved.